The Path	The Internal Conversation	The POV
Self-Actualization	"I'm living my ideal life"	
Self-Awareness	"What should I be doing?" "Who am I?" "Why do I do what I do?"	2 They are trying to figure out
So Many Options 	"How I do what I do."	3 But it's overwhelming because
Step 1	"Where do I start?"	4 When all they really need is
Current Reality	"I'm stuck." "I'm lost." "I'm confused." "I'm unfulfilled." "I'm frustrated." "I don't know where to start."	1 You know how there are so many people who struggle with